



**PESTANA**  
**CIDADELA CASCAIS**  
POUSADA & ART DISTRICT  
COLLECTION HOTELS  
PORTUGAL

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# IN & OUT

LIFESTYLE

*Preferred*  
HOTELS & RESORTS





In order to defend Lisbon,  
Cidadela of Cascais was erected  
in 1488 under the order  
of King João II.

## POUSADA CASCAIS

Cidadela Historic Hotel  
& ART DISTRICT

# IN

If you like bold, contemporary and sophisticated environments, but don't want to give up the refinement and luxury of hotel services, then the Pestana Cidadela Cascais - Pousada & Art District is the ideal place to visit on your next vacation or your next event. It is the first hotel in Europe that receives and promotes an Art District inside it.

Come and meet this historical and unique space in the world, which provides you with a trip to the Portuguese artistic and urban world without losing one iota of the charm and status that characterize one of Europe's most picturesque villages.



In 1871, Cidadelá won  
the title of Royal  
Residence.

IN





Portuguese electric illumination was inaugurated here in 1878.

*Electric experience in  
“Storylovers”*

*“It was Prince Carlos’ 15th birthday, and the opening of electric illumination was set for that date.*


*The King ordered six lamps for the esplanade of Cidadela, and for the first time, the country saw electric light.”*

**adapted from Storylovers**

IN





The image shows a bright, modern hotel room. In the foreground, there is a large, dark brown sectional sofa with several blue and grey patterned cushions, and a matching ottoman. The floor is made of light-colored wood. In the background, a bed with white linens and a grey headboard is visible. A large window or glass door on the right side of the room opens up to a balcony with a wooden deck. On the balcony, there is a small round table, a chair, and a lounge chair. The view from the balcony is of a harbor filled with many sailboats and a large stone building in the distance. The sky is blue with some clouds. A white text box is overlaid on the left side of the image, containing text about King Carlos and a quote from 'Storylovers'.

### *King Carlos in “Storylovers”*

*“If the walls could tell their secrets, they would now tell you about a king. He was an early riser, and while the rest of the world was still asleep, he would get up and run off to photograph the sea.*

*He would leave by car, either there was rain or shine, and wanted to stay around. King Carlos lived here.”*

**by Storylovers**

IN





*St. António and the Infantry  
in “Storylovers”*

*“The patron of Lisbon was  
such a charm to the 19th  
Infantry Regiment of Cascais  
that he still lives here, today,  
at the Chapel of Cidadela.”*

**adapted from Storylovers**

IN





## ART DISTRICT

The Ciudadela Art District will be a disruption in the population's daily routine that intends to offer contemporary art through the appropriation of non-sites and means associated with mass communication, promoting artistic development as a facilitator for artists and galleries.

There is a doubly subversive character in this Art District, in on one hand it brings contemporary art into everyday life's context; on the other, by using non-sites or transitional spaces, affirms an exceptional character of true decontextualisation: former military barracks transformed in Studios for artistic residencies where the in loco creation is a constant dynamic, public spaces of the Hotel transformed in exhibition areas, pop-up exhibitions and site-specific collaborations with national or international guest artists also happen at the hotel common spaces along the year and some Hotel Rooms are now Author Rooms after being intervened by the artists. All this enables the exhibition of contemporary art outside of its traditional grounds as well as promoting the usage of new sites never connected with museological purposes before.

IN





## TABERNA DA PRAÇA RESTAURANT

Typical Portuguese cuisine  
snacks made with national  
products in small portions so  
you can enjoy the vast variety  
of flavours.

A contemporary literary tavern  
where you can also find  
a criterious wine selection.

Pleasant, relaxed and  
unpretentious atmosphere.

IN





## DÉJÀ LU FIRST PHILANTHROPIC BOOKSTORE

DÉJÀ LU, the first philanthropic bookstore in the country is located on the 1st floor of a restaurant “Taberna da Praça”.

Great second-hand books for sale and lots of cool happenings: book club, writing workshops, courses and literature sessions and children’s activities.

100% of the profits go to the Portuguese Down Syndrome Association.

IN





## MARIS STELLA RESTAURANT



With a stunning and relaxing view over the marina of Cascais, experience this restaurant and pool lounge.

The menu, inspired by the freshest ingredients from the market, promises memorable experiences.



IN





## LOBBY BAR

The Lobby Bar is not neglected compared to the restaurants of the Citadel, it's often even the most sought space after 5 pm. Under the demanding eye of international Chef Manuel Alexandre, the snacks that you can try with the blessing of the 600 swallows of Rafael Bordallo Pinheiro will be a unique experience for all your senses.

IN





# FACILITIES

- |                             |                             |
|-----------------------------|-----------------------------|
| 108 Rooms                   | Terrace                     |
| 18 Suites                   | Maris Stella Restaurant     |
| Safe                        | Taberna da Praça Restaurant |
| Minibar                     | Wellness Center             |
| Ar Conditioning             | Indoor Swimming Pool        |
| WiFi Access                 | Outdoor Swimming Pool       |
| Facilities for the Disabled | Art District                |
| Lobby Bar                   | Historical Surroundings     |
| Meeting Rooms               | Beach Surroundings          |
| Commercial Space            |                             |

Fortaleza da Cidadela  
Avenida Dom Carlos I  
2750-310 Cascais  
Tel.: +351 214 814 300 Fax: +351 214 820 515  
e-mail: [guest@pestana.com](mailto:guest@pestana.com)  
[www.pestanacollection.com](http://www.pestanacollection.com)

**GPS**  
**N: 38 41.657**  
**W: 9 25.183**



It was in Cascais that the Duke of Alba landed to take possession of Portugal for King Phillip II.

# OUT

Cascais is the ideal place for all those who wish to stay close to Lisbon but far from the stress of the capital. The Village that once was a fishing village is nowadays one of Portugal's wealthiest cities. Gained fame when the Royal Family began to spend their holidays there, at the end of the 19th century. The tradition remains, and Cascais continues to be a destination for all those seeking a beach or wanting to practice one of the multiple water sports available on the coast, or to play golf or tennis, attend a motor sport event, visit the casino or simply relax. And as you might expect from a village close to the sea, the local cuisine reinforces its offer with fish and seafood meals that are a delight for all visitors.

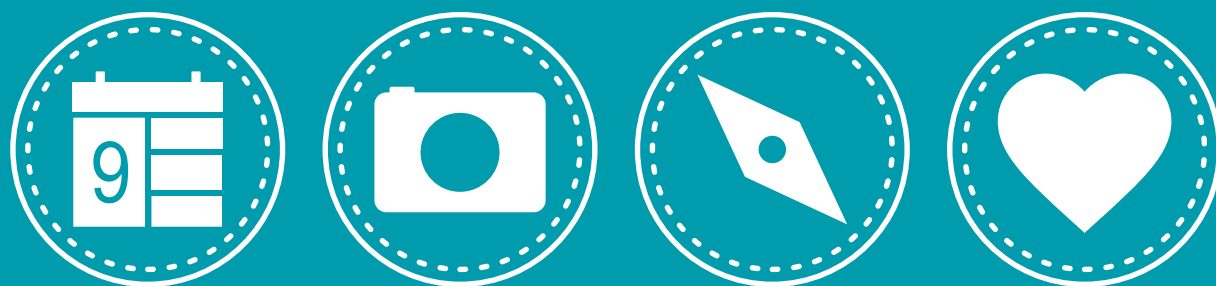




# DOWNLOAD APP

# AGENDA

# CASCAIS



## AGENDA CASCAIS APP



This app leaves you just a click away from all information about Cascais.

Do you want to visit a museum, a park or simply go to the beach? With Agenda Cascais you'll know everything about these places, from their location to their main features.

But if you want to know about art exhibitions, concerts or sports events, Agenda Cascais also has an answer for you. The app also suggests several routes and experiences which offer different perspectives on the region.

Agenda Cascais is for everyone who wants to know what to visit and do in Cascais.

We give you every reason to stay here!



OUT





## TO DO

In a place that breathes the breeze of the sea every day, water sports could be the main attractions for those visiting Cascais. But what you can do in this town goes far beyond the Ocean. Starting at the Casino Estoril, Europe's largest and oldest in Portugal, but always faithful to vanguardism and service excellence.

## OUT

**01** ESTORIL TENNIS CLUB  
Avenida Condes Barcelona - Estoril  
Tel.: +351 214 662 770/71

**02** QUINTA DA MARINHA  
HEALTH & RACKET CLUB  
Rua das Codornizes - Cascais  
Tel.: +351 214 860 050

**03** D. CARLOS I ROYAL COUNTRY CLUB  
Rotunda D. Carlos I, Areia - Cascais  
Tel.: +351 214 871 403

**04** COSTA DO ESTORIL EQUESTRIAN CENTER  
Avenida da Charneca, 186 - Cascais  
Tel.: +351 21 487 20 64

**05** QUINTA DA MARINHA EQUESTRIAN CENTER  
Quinta da Marinha, Casa 23 - Cascais  
Tel.: +351 214 860 006

**06** COSTA DO ESTORIL  
Surf, bodyboard, longboard, windsurf,  
kitesurf, paddle surf, scuba-diving, sail

**07** BELOURA CAMPO DE GOLFE  
Rua das Sesmarias, 3  
Quinta da Beloura - Sintra  
Tel.: +351 219 106 350

**08** PENHA LONGA GOLF  
Estrada da Lagoa Azul, Linhó  
Sintra  
Tel.: +351 219 249 031

**09** OITAVOS DUNES  
Quinta da Marinha, Casa 25 - Cascais  
Tel.: +351 214 860 600

**10** ESTORIL CIRCUIT  
Avenida Alfredo César Torres - Cascais  
Tel.: +351 214 609 500

**11** CASINO ESTORIL  
Avenida Dr. Stanley Ho - Cascais  
Tel.: +351 214 667 700

**12** CASA DA GUIA CASCAIS  
Avenida Nossa Senhora do Cabo, 101  
Cascais  
Tel.: +351 214 843 215  
[www.casadaguia.com](http://www.casadaguia.com)

**13** DUNA DA CRESMINA  
Rua da Areia, Cresmina  
Guincho - Cascais

BEACHES

**14** GUINCHO BEACH  
Cascais





## TO DO

### ACTIVITIES

#### ESTORIL TENNIS CLUB

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Tel.: +351 214 843 215  
[www.casadagua.com](http://www.casadagua.com)

#### DUNA DA CRESMINA

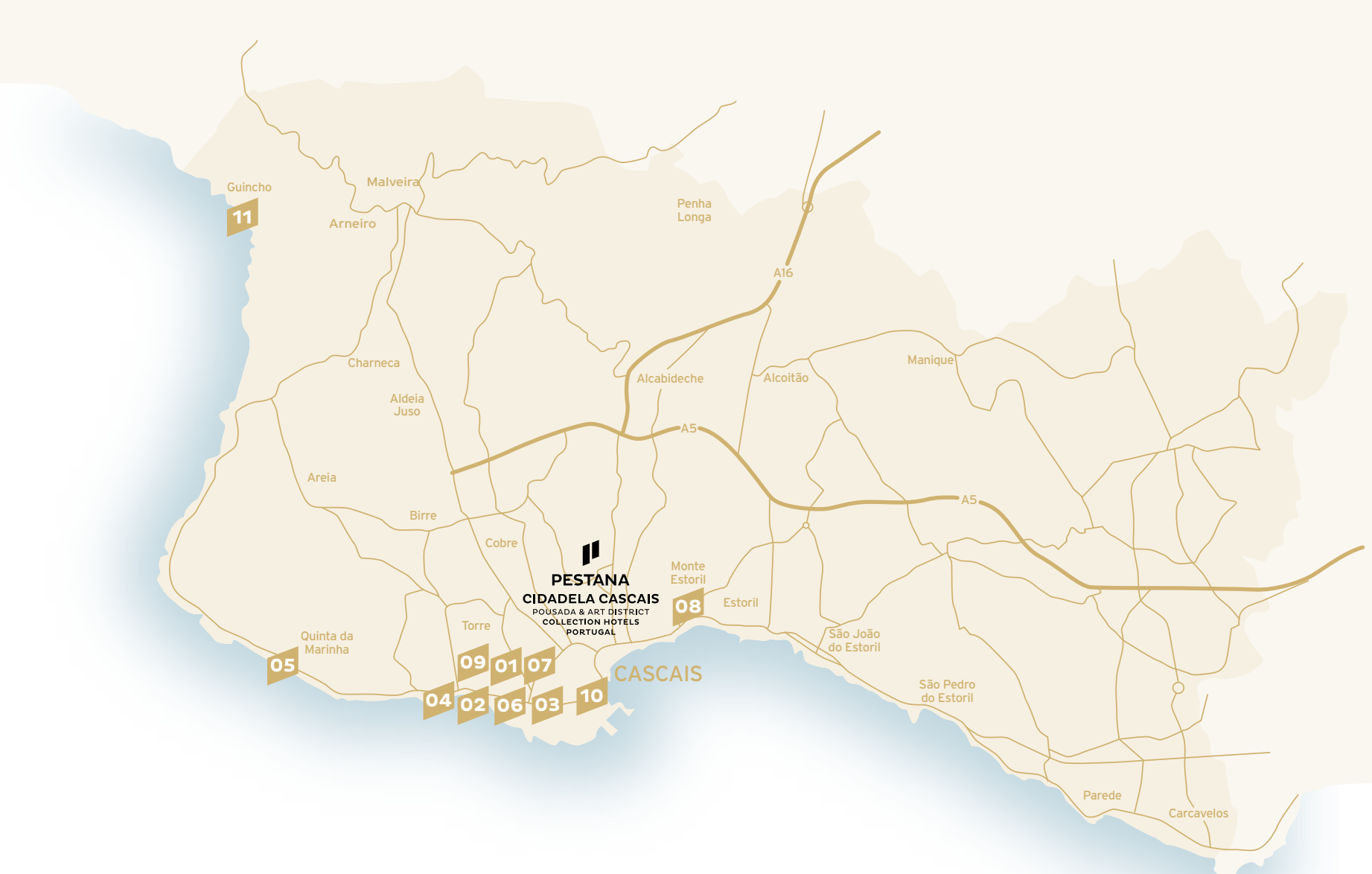
Rua da Areia, Cresmina  
Guincho - Cascais

### BEACHES

GUINCHO BEACH  
Cascais

## OUT





**01** PAULA REGO STORIES HOME  
Avenida da República, 300 - Cascais  
Tel.: +351 214 826 970

**02** SANTA MARIA HOUSE  
Rua do Farol de Santa Marta - Cascais  
Tel.: +351 214 815 382

**03** CASCAIS CULTURAL CENTER  
Avenida Rei Humberto II de Itália - Cascais  
Tel.: +351 214 815 660

**04** SANTA MARTA LIGHTHOUSE MUSEUM  
Rua do Farol de Santa Marta - Cascais  
Tel.: +351 214 815 328

**05** SÃO JORGE DE OITAVOS FORT  
Estrada do Guincho - Cascais  
Tel.: +351 214 815 949

**06** LIBRARY-MUSEUM OF THE COUNTS  
OF CASTRO GUIMARÃES  
Avenida Rei Humberto II de Itália,  
Parque Marechal Carmona - Cascais  
Tel.: +351 214 815 308

**07** KING CARLOS SEA MUSEUM  
Rua Júlio Pereira de Mello - Cascais  
Tel.: +351 214 815 906

**08** PORTUGUESE MUSIC MUSEUM  
Casa Verdades de Faria  
Avenida de Sabóia, nº 1146  
Monte Estoril - Estoril  
Tel.: +351 214 815 904

**09** MARSHAL CARMONA PARK  
Praceta Domingos D'Avilez,  
Av. da República - Cascais

**10** CIDADELA DE CASCAIS  
Avenida D. Carlos I

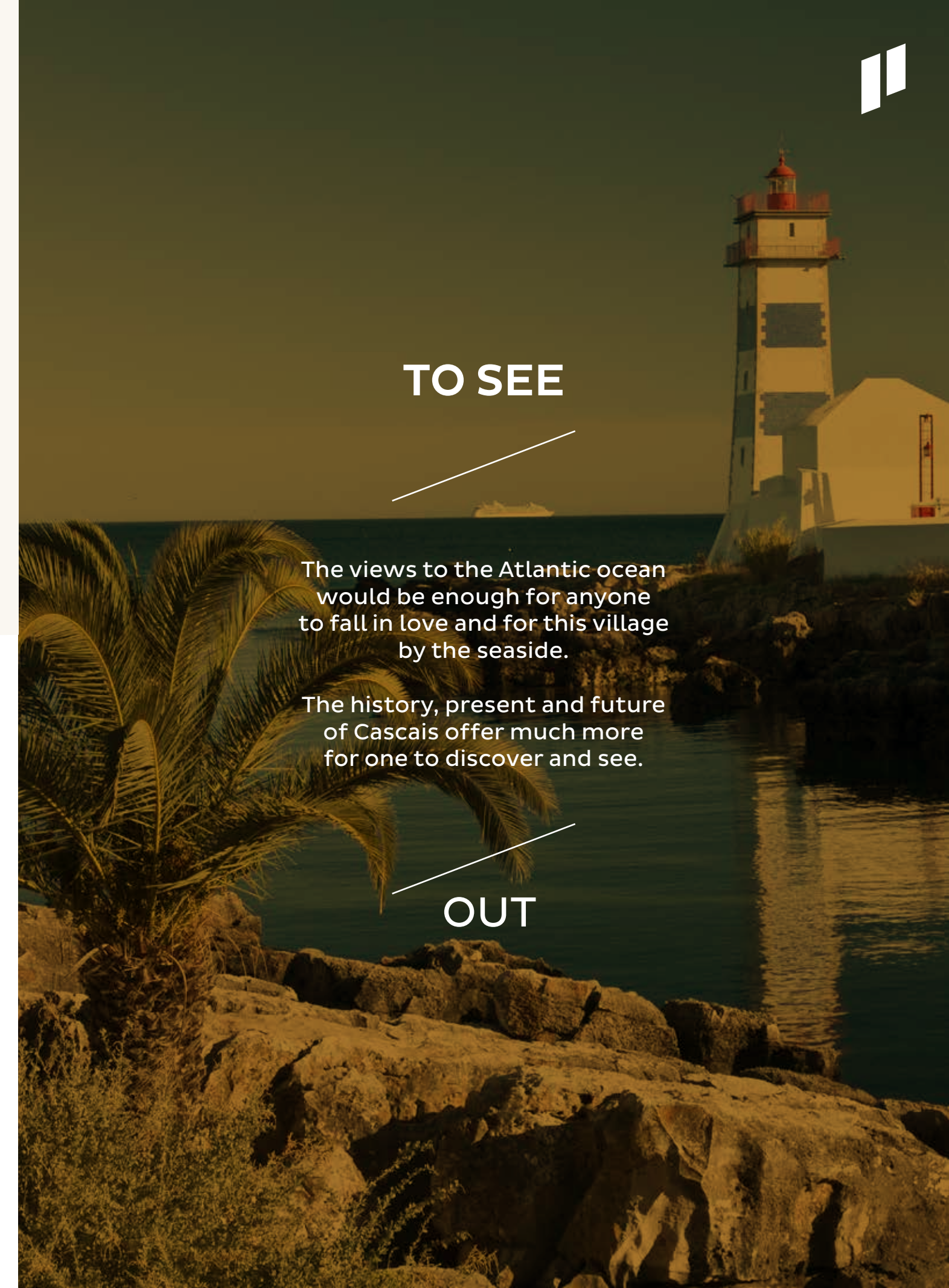
**11** GUINCHO BEACH  
Cascais

## TO SEE

The views to the Atlantic ocean  
would be enough for anyone  
to fall in love and for this village  
by the seaside.

The history, present and future  
of Cascais offer much more  
for one to discover and see.

## OUT







BAIRRO DOS MUSEUS  
MUSEUM QUARTER



## TO SEE

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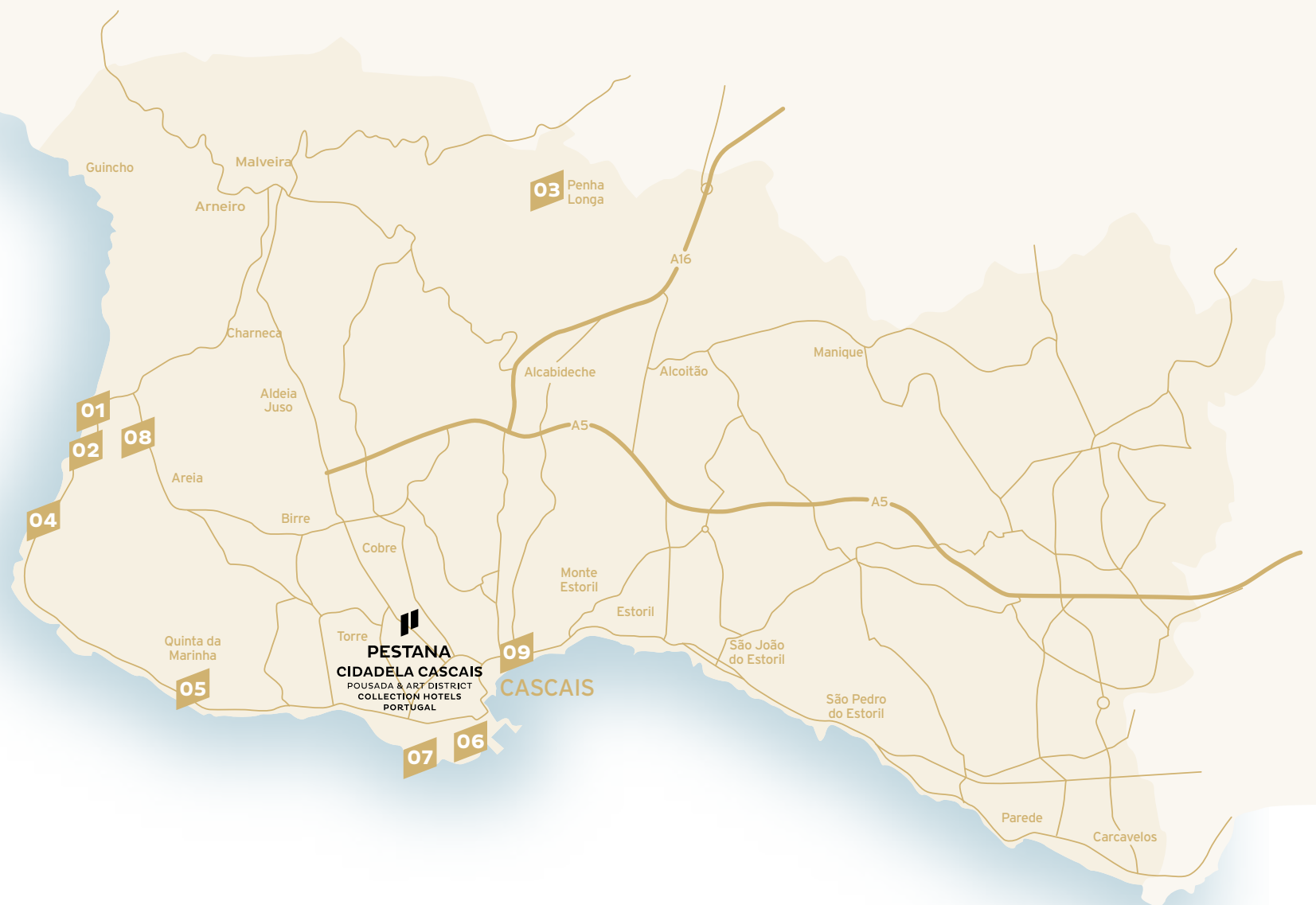
### GUINCHO BEACH

Cascais

Clients from Pestana Cidadela Cascais have free access to Museum Quarter.  
Consulte: <http://bairrodosmuseus.cascais.pt/>

## OUT





**01** FORTALEZA DO GUINCHO  
1 Estrela Michelin  
Estrada do Guincho – Guincho  
Tel.: +351 214 870 491

**02** PORTO DE SANTA MARIA  
1 Estrela Michelin  
Estrada do Guincho – Cascais  
Tel.: + 351 214 879 450

**03** AROLA  
Dirigido pelo Chef Sergi Arola  
Estrada Lagoa Azul  
Penha Longa Hotel Spa Golf Resort – Sintra  
Tel.: +351 219 249 094

**04** FURNAS DO GUINCHO  
Estrada do Guincho  
Tel.: +351 214 869 243

**05** PORTAL DA GUIA  
Avenida Diana Spencer 275,  
Cruz Guia – Cascais  
Tel.: +351 214 843 258

**06** CONFRARIA  
Rua Luís Xavier Palmeirim 14 – Cascais  
Tel.: +351 214 834 614

**07** MAR DO INFERNO  
Avenida Rei Humberto II de Itália  
Boca do Inferno – Cascais  
Tel.: +351 214 832 218

**08** MESTE ZÉ  
Estrada do Guincho – Cascais  
Tel.: +351 214 870 275  
+351 214 870 360

**09** VISCONDE DA LUZ  
Jardim Visconde da Luz – Cascais  
Tel.: +351 214 847 410

## TO EAT

Also in the gastronomy the sea plays an important role in most typical dishes of Cascais. And after a nice meal accompanied by a local wine, nothing could be better than enjoying one of the innumerable sweet desserts from the local bakeries.

## OUT





# TO EAT

## RESTAURANTS

### FORTALEZA DO GUINCHO

1 Estrela Michelin  
Estrada do Guincho - Guincho  
Tel.: +351 214 870 491

### PORTO DE SANTA MARIA

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### PORTAL DA GUIA

Avenida Diana Spencer 275, Cruz Guia - Cascais  
Tel.: +351 214 843 258

### CONFRARIA

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Tel.: +351 214 834 614

### MAR DO INFERNO

Avenida Rei Humberto II de Itália  
Boca do Inferno - Cascais  
Tel.: +351 214 832 218

### MESTE ZÉ

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Tel.: +351 214 870 275  
+351 214 870 360

### VISCONDE DA LUZ

Jardim Visconde da Luz - Cascais  
Tel.: +351 214 847 410

## TYPICAL DISHES

Fresh Fish and Seafood.

## DESSERTS

Areias of Cascais, Queijinhos (Cheese egg and almond cakes), Joaninha Cakes, Cascais Nuts, Raivas (Cinnamon Butter Biscuits), Sintra Cheesecakes and Travesseiros.

## BEVERAGES

Carcavelos wine, Colares wine.

# OUT





# PESTANA

COLLECTION HOTELS



## PESTANA

### PALÁCIO do FREIXO

POUSADA & NATIONAL MONUMENT  
COLLECTION HOTELS  
DOURO • PORTO • PORTUGAL



## PESTANA

### PALACE LISBOA

HOTEL & NATIONAL MONUMENT  
COLLECTION HOTELS  
PORTUGAL



## PESTANA

### CIDADELA CASCAIS

POUSADA & ART DISTRICT  
COLLECTION HOTELS  
PORTUGAL



## PESTANA

### VINTAGE PORTO

HOTEL & WORLD HERITAGE SITE  
COLLECTION HOTELS  
DOURO • PORTO • PORTUGAL