

IN & OUT



PESTANA
POUSADA MOSTEIRO
AMARES-GERÊS
MONUMENT HOTEL
PORTUGAL




This 12th century monastery currently combines Baroque, Rococo, Neo-classical and Contemporary styles.

IN

In one of Portugal's most admired landscapes we will find the Pousada de Santa Maria do Bouro. Located in the council of Amares, in the Minho region, it was a Cistercian Monastery in the 12th century. The remodeling project was undertaken by Eduardo Souto de Moura, one of the most relevant names in world architecture today. The building is made of granite façades (the characteristic style of the region) and was remodeled respecting the old traces, yet complying with the requirements of the highest comfort of nowadays.

Guests can see statues of historical characters, including Saint Bernardo, Virgem da Assunção and five kings from the time of the foundation of the Portuguese nation. The complex also hosts an early church and a sacristy with glazed tiles from the 18th century, covering the walls.

From its windows, guests have a look onto the charming gardens, a reminder of passed times.



The Monastery of Santa
Maria de Bouro was wealthy
and under royal
protection.

IN



The Pousada is harmoniously integrated in the surrounding natural landscape, the Peneda-Gerês National Park.

IN

FACILITIES

Historical Surroundings
Surrounding Landscape
Air Conditioning
Restaurant
Bar
Minibar
Outdoor Swimming Pool
Beach 57 km
River Beach 1 km
Gardens
Games Room
WiFi Access
Parking
Laundry Service
Safe
Cable TV
Hairdryer
32 Number of Rooms

Santa Maria do Bouro
4720-633 Amares
Tel.: +351 253 371 970
e-mail: guest@pestana.com
www.pousadas.pt

GPS
N: 41 39.558
W: 8 16.242





RESTAURANT OF THE POUSADA

If there is any region where gastronomy is immensely important, this is the North of Portugal. The history and traditions of the land and the individuals that created rich tasty dishes, generous in quantity and hospitality.

This happens also at the Restaurant of the Pousada, where each recipe refers to the stories once lived there, with reminiscences of the culinary art of the monks living here. The list of specialities is long and varied, ranging from the marvellous codfish with cornbread and smashed potatoes (Codfish Convent Style) to the roasted duck and lamprey (a seasonal dish). Finally, the typical desserts are so succulent and irresistible as to almost constitute a sin of gluttony.

IN



RESTAURANT OF THE POUSADA

SPECIALITIES

Convent Codfish

Lamprey (only on its season)

Lagareiro Octopus

Rooster Rice “Pica no Chão”

Calf of Lameiros of Barroso in Barbecue

Pork Meat with “Papas de Sarrabulho” Minho style

“Abade de Priscos” Pudding

Chocolate Soufflé with Ice Cream and Raspberry Sauce

Rio Minho Lamprey Bordalesa style

Number of seats: 48

The dishes are subject to change without prior notice.



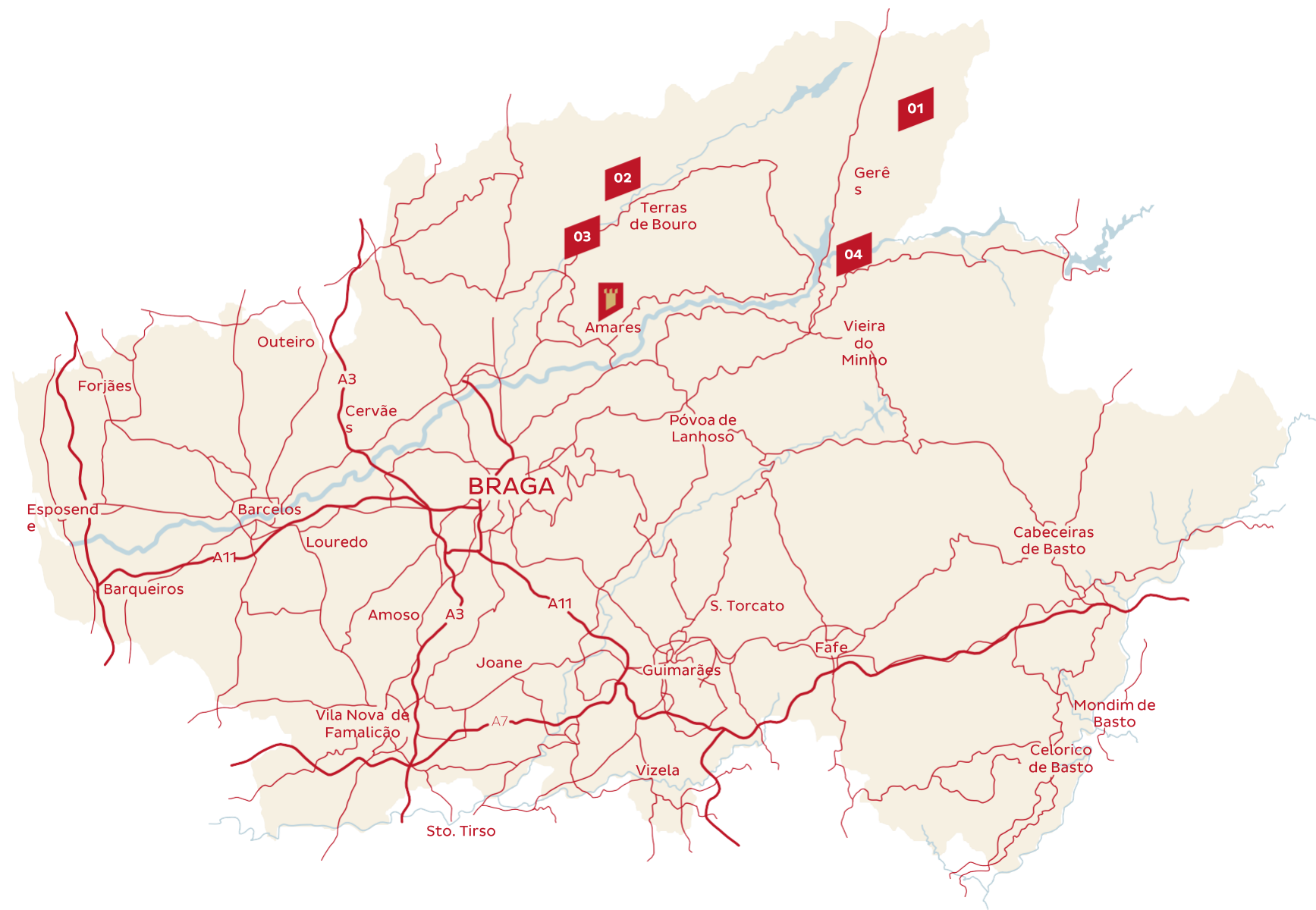
The Gerês National Park transmits freshness thanks to its abundant greenery and the presence of rivers of crystalline waters..

OUT

I n the heart of the Minho Region, 16km from Braga and practically inserted in Gerês, Amares covers magnificent landscapes for their ecological value and the variety of their fauna. The area offers invigorating freshness and energy thanks to its close contact with nature.

The county is divided into two large areas: one close to the riverbank — an area with small declivity and traditional landscapes, where most of the villages concentrate; and another, a more mountainous area, where villages are associated to agriculture on ledges and where granite is the dominant mineral.

In Amares, monasteries and medieval sites are dominant. The rural character of the village favours the integration of all visitors, inviting them to discover the culture of the picturesque pilgrimages and artisan fairs.



- 01 MOUNTAIN ACTIVITIES
- 02 PICNICS
- 03 CALDELAS THERMAL SPA

- WATER SPORTS
- 04 ALBUFEIRA DE CANIÇADA



TO DO

The Minho Region is one of Portugal's best regions, both for activities with relatives and friends and for moments of introspection.

The Peneda-Gerês National Park offers days of true exploration in its interior trails: hiking, bathing in its lakes and cascades, mountain sports or a fraternal picnic, always in communion with nature.

OUT



TO DO

ACTIVITIES

MOUNTAIN ACTIVITIES
Scale, Slide and Rappel
Peneda-Gerês National Park

PICNICS
Quatro Caminhos Park

CALDELAS THERMAL SPA
Caldelas
Tel.: +351 253 360 160

PAINTBALL

CANOEING

ARCHERY

ORIENTEERING

PARAGLIDING

BIRD AND NATURE WATCHING

PATHWAYS

HIKING

CAR TOURS

TT BIKES

HORSE RIDING

CARRIAGE RIDES

ALL-TERRAIN RIDES

WATER SPORTS

ALBUFEIRA DE CANIÇADA
Gerês

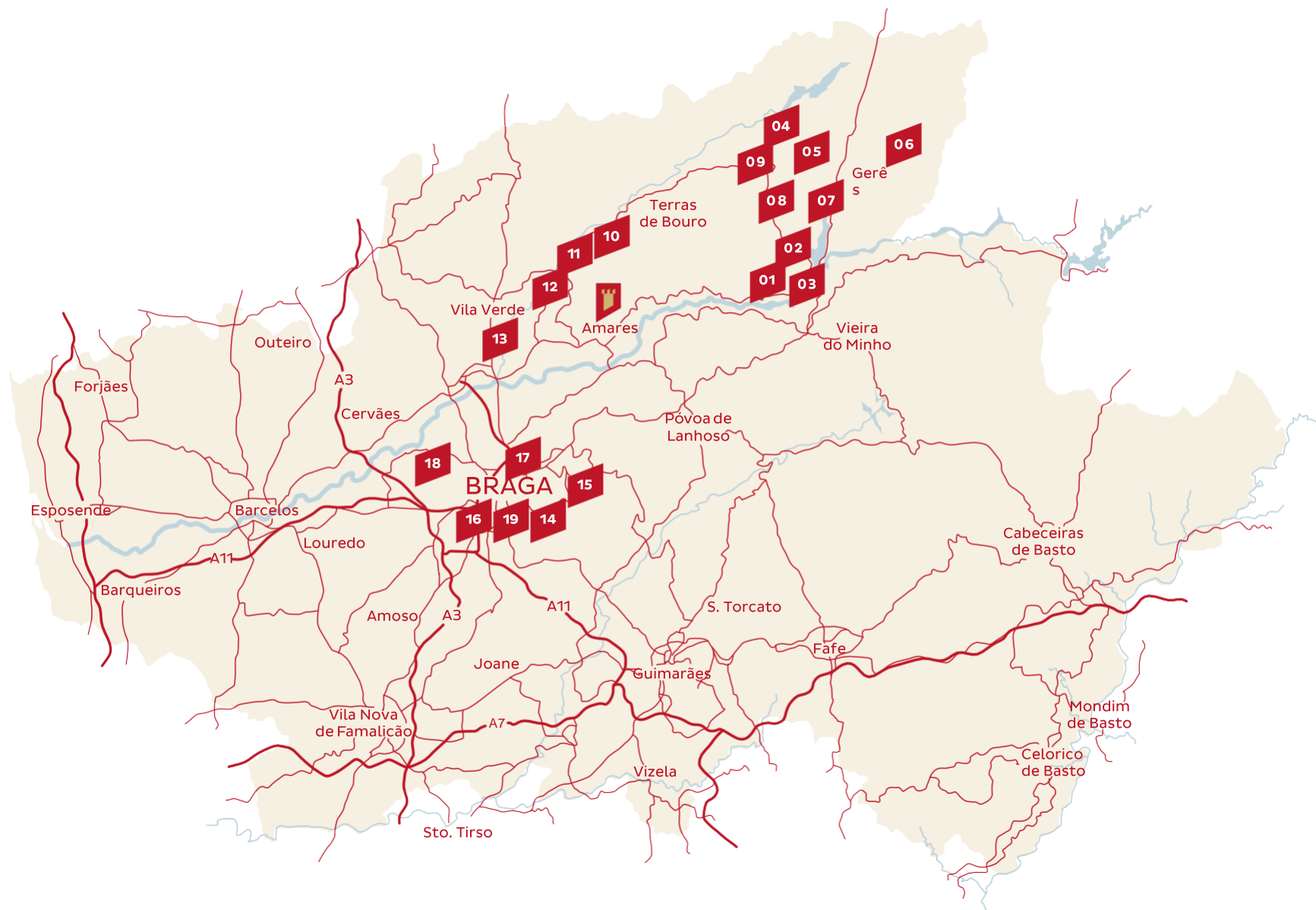
EVENTS

“PAPAS DE SARRABULHO” FESTIVAL
February

AMARES CARNIVAL

BRAGA HOLLY WEEK

OUT



TO SEE

Amares reminds us of the Roman civilization thanks to the Geira road, which connected Braga and Astorga. Each parish has monuments that are part of the National Heritage: monasteries, museums and typical houses that will delight the curiosity of all those visiting the region.

Start your trip in Braga, Portugal's oldest town, where the Bom Jesus Sanctuary is located.

- | | | | | | |
|----|-----------------------------------|----|--------------------------------------|----|---|
| 01 | NOSSA SENHORA DA ABADIA SANCTUARY | 07 | PEDRA BELA | 14 | BOM JESUS CHURCH |
| 02 | CHAPELS OF THE NOSSA SENHORA | 08 | CALCEDÓNIA TRACK | 15 | SAMEIRO SANCTUARY |
| 03 | MUSEUM OF SACRED ART | 09 | PORTELA DO HOMEM | 16 | BRAGA HISTORIC CENTER |
| 04 | VILARINHO DAS FURNAS | 10 | MINHO TYPICAL HOUSES | 17 | BRAGA CATHEDRAL |
| 05 | VILLAGE COMMUNITY | 11 | SANTO OVÍDIO CHAPEL | 18 | SÃO MARTINHO OF TIBÃES MONASTERY |
| 06 | GERÊS VILLAGE | 12 | MONTE S. PEDRO CHAPEL AND VIEW POINT | 19 | FRANCISCO SÁ DE MIRANDA MUNICIPAL LIBRARY |
| | | 13 | SANTO ANDRÉ DE RENDUFE MONASTERY | | |

OUT



TO SEE

NOSSA SENHORA DA ABADIA SANCTUARY

Santa Maria do Bouro – Amares

CHAPELS OF THE NOSSA SENHORA DA ABADIA SANCTUARY

Santa Maria do Bouro – Amares

MUSEUM OF SACRED ART OF NOSSA SENHORA DA ABADIA

Santa Maria do Bouro – Amares
Tel: + 351 253 371 197

VILARINHO DAS FURNAS ETHNOGRAPHIC MUSEUM

Campo do Gerês – Terras de Bouro
Tel: + 351 253 351 888

VILLAGE COMMUNITY OF VILARINHO DAS FURNAS

GERÊS VILLAGE

PEDRA BELA

Parque Nacional da Peneda-Gerês

CALCEDÓNIA TRACK

Parque Nacional da Peneda-Gerês

PORTELA DO HOMEM

Parque Nacional da Peneda-Gerês

MINHO TYPICAL HOUSES

Paranhos – Amares

SANTO OVÍDIO CHAPEL

Rua de Santo Ovídio – Caldelas

MONTE S. PEDRO CHAPEL AND VIEW POINT

Monte de São Pedro Fins – Caldelas

SANTO ANDRÉ DE RENDUFE MONASTERY

Avenida do Mosteiro – Mosteiro

BOM JESUS CHURCH

Bom Jesus – Braga

SAMEIRO SANCTUARY

Avenida Nossa Senhora do Sameiro, 44 Braga

BRAGA HISTORIC CENTER

BRAGA CATHEDRAL

Rua Dom Gonçalo Pereira – Braga

SÃO MARTINHO OF TIBÃES MONASTERY

Rua do Mosteiro – Mire de Tibães

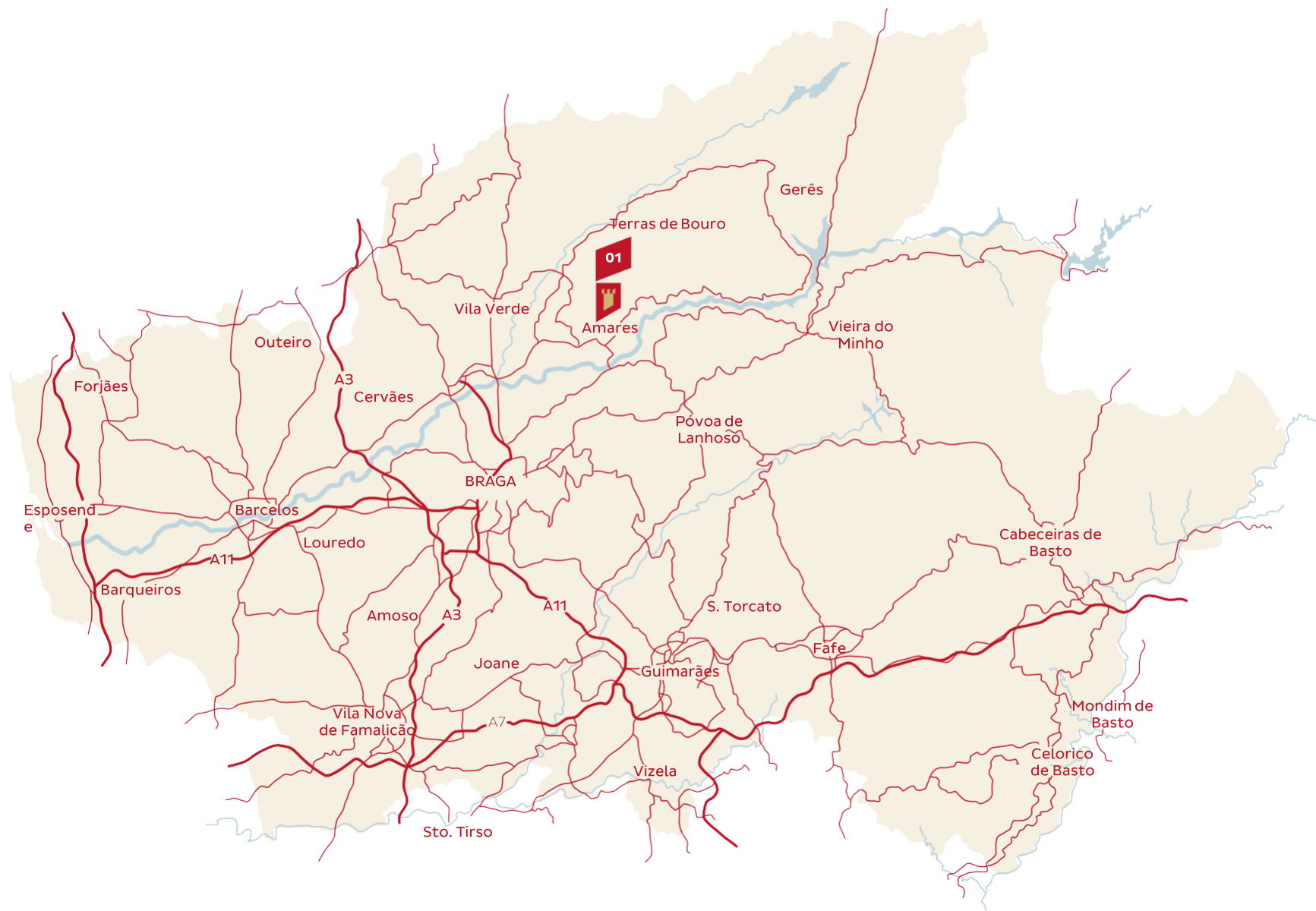
FRANCISCO SÁ DE MIRANDA MUNICIPAL LIBRARY

Largo do Município – Amares
Tel.: +351 253 993 450

DAMS

OUT





TO EAT

The gastronomy of the Minho Region is the result of centuries of a well cooking art, with dishes that always have a very characteristic touch. Among the thousand codfish recipes, those of the Minho Region – such as the “Bacalhau à Miquelina”, “à Mira da Penha” or “à Narcisa” styles – are the most creative. The regional “verde” wine, served always fresh, is a must at any meal, as are the conventual and traditional desserts.

OUT



TO EAT

CRUZEIRO
Santa Maria do Bouro - Amares
Tel.: +351 253 371 115

TYPICAL DISHES

Roasted Lamb, Rice Cock “Pica no Chão” (farm raised), Veal Steak, Pork Meat with Papa de Sarrabulho, Convent Codfish, Codfish Braga Style.

DESSERTS

Custard, Orange Pudding, “Mexidos” or “Formigos” “Rabanadas”, “Pêras Bêbedas” (cooked in wine), “Bolo Rei” (ring shape cake with glacé fruits), Sponge Cake, Orange (fresh fruit).

BEVERAGES

Encostas da Abadia Wine, Solar das Bouças Wine, Adega Cooperativa de Ponte de Lima Wine Quinta de Amares Wine.

OUT



Pousada Amares – Mosteiro de Amares
Pousada Crato – Mosteiro do Crato
Pousada Faro – Palácio de Estoi
Pousada Guimarães – Mosteiro de Guimarães
Pousada Lisboa – Praça do Comércio



Pousada Alcácer do Sal – Castelo de Alcácer
Pousada Alvito – Castelo de Alvito
Pousada Angra do Heroísmo
Pousada Arraiolos – Convento de Arraiolos
Pousada Beja – Convento de Beja
Pousada Belmonte – Convento de Belmonte
Pousada Évora – Convento de Évora
Pousada Estremoz – Castelo de Estremoz
Pousada Horta – Castelo da Horta
Pousada Óbidos – Castelo de Óbidos
Pousada Palmela – Castelo de Palmela
Pousada Queluz – Palácio de Queluz
Pousada Serra da Estrela
Pousada Tavira – Convento de Tavira
Pousada Viana do Castelo
Pousada Vila Viçosa – Convento de Vila Viçosa
Pousada Viseu
Pousada Porto
Pestana Churchill Bay – Madeira



Pousada Gerês – Caniçada
Pousada Marvão
Pousada Vila Óbidos
Pousada Sagres
Pousada Valença
Pousada Ourém
Pousada Ria
Pousada Alijó
Pousada Bragança
Pousada Vila Real de Santo António
Opening in 2021

