

IN & OUT



PESTANA
POUSADA
CANIÇADA-GERÊS
CHARMING HOTEL
PORTUGAL



The whole setting of the Pousada transmits an invigorating sensation of freshness and absolute relaxation.



IN

The Pousada do Gerês – Caniçada has an exceptional location in the heart of the Peneda-Gerês National Park – an area classified by the UNESCO as a World Biosphere Reserve. With a privileged view to the valley of the Cávado River and the Caniçada Dam, the Pousada is a veritable mountain refuge: interiors in wood and stone, rooms with mezzanines, corners with irresistible sofas and a fireplace to warm both hearts and souls on cold Winter days. In the Summer, the swimming pool and the terrace with panoramic views serve as an invitation for one to relax and sunbathe, enjoying the best landscapes. In the Winter, the lighted fireplaces give the guest an absolute sensation of seclusion and comfort, in a space in which the wide windows accentuate the contrast with the cold outside.



Allow yourself the experience
of a stay within a World
Biosphere Reserve classified
by the UNESCO.

IN





The Pousada is an authentic mountain refuge, in which the decoration transmits unparalleled comfort.

IN



FACILITIES

Surrounding Landscape
Air Conditioning
Restaurant
Bar
Outdoor Swimming Pool
Games Room
Gardens
Parking
WiFi Access
Voltage 220 Volts
Laundry (external service)
Central Safe
Individual Safes
Cable TV
Hairdryer
35 Rooms
1 Suite

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GPS
N: 41 38.852
W: 8 11.109



RESTAURANT OF THE POUSADA

The Restaurant of the Pousada offers a menu with traditional Portuguese dishes, based on the freshest regional and seasonal products. In the North, gastronomy is immensely rich and abundant in quality as well as in quantity. And the restaurant's specialities are no exception: Minced Meat Porridge, Roasted Kid, Barrosã Beef Padeira Style and Pork strips Minho Style are among the delicacies you will try again and again. The combination of all these flavours and the extraordinary panoramic view make the visit to this restaurant a wonderful experience.

IN



RESTAURANT OF THE POUSADA



SPECIALITIES

Gratinéed Cod Fish, Mashed potatoes

Roast Kid Goat

Priscos Abbot Pudding



Restaurant capacity: 50

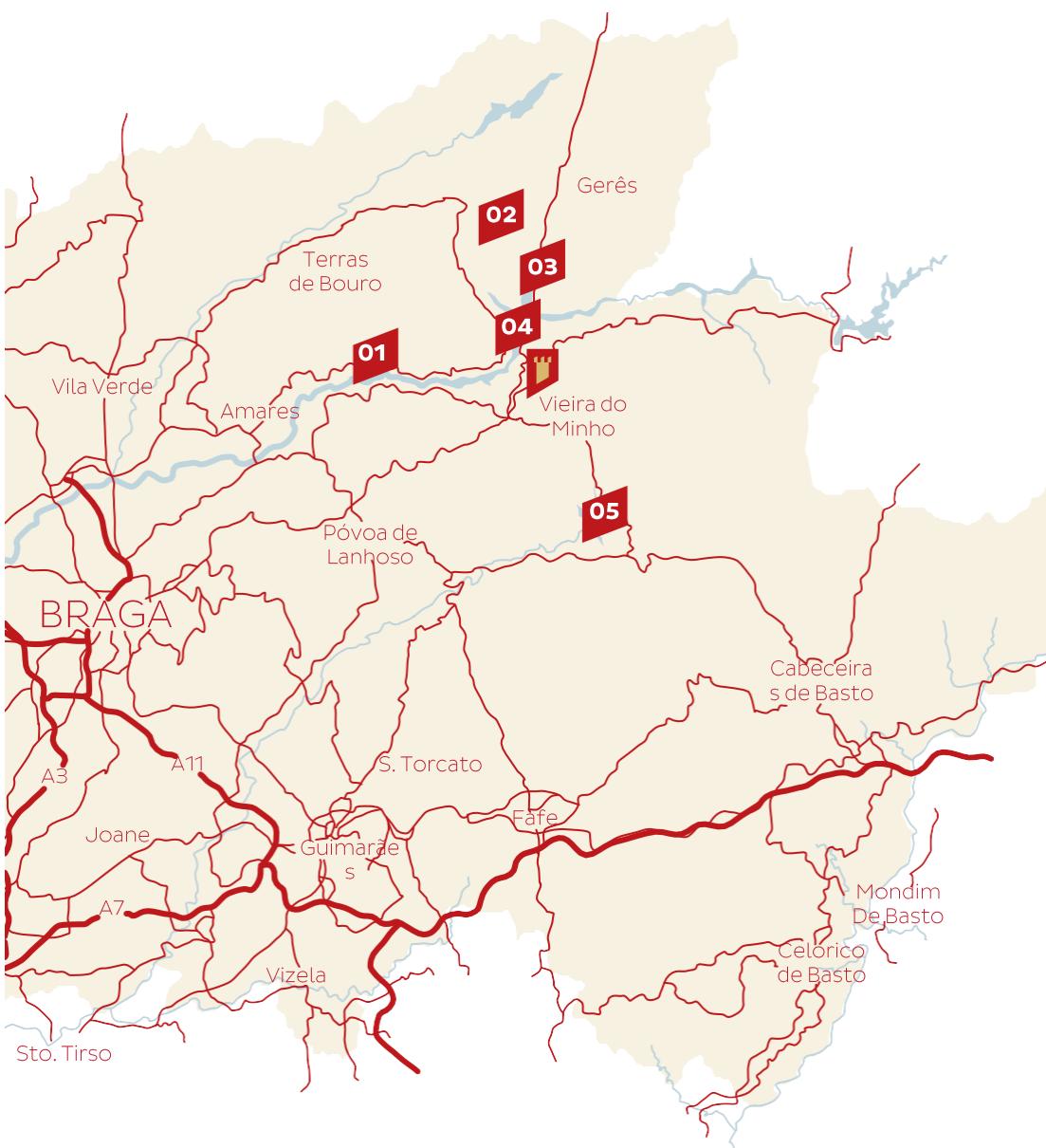
The dishes are subject to change without prior notice.

The Gerês conveys freshness,
thanks to its abundant green and
the predominance of rivers with
crystalline waters.

OUT

In the heart of the Minho Region, the Peneda-Gerês National Park is the continuation of the Cantabrian mountain range; it is the second highest mountain range in Portugal. These 72,000 hectares of protected area, full of valleys, dams, cascades, crystalline waters and an enormous bio-diversity offer invigorating freshness and energy, and make an excellent destination for any mountain and outdoor lover. While the forests, the waterlines and the green slopes show the environmental purity, the meadows and the fields constitute the marks of the present rural character of the region. The best way to explore this region is to begin the discovery of the many pedestrian trails that visitors can also explore riding on horse, biking or on a 4x4 quad.





01 PICNICS
02 ALBERGARIA WOODS

03 GERÊS TERMAS AND SPA
04 ALBUFEIRA DE CANIÇADA

05 TELE-SKI (WATER SKI)

TO DO

The Minho Region is one of Portugal's best areas, both for activities with the family and friends and moments of introspection. The Peneda-Gerês National Park lends itself to days of exploring its inner trails: pedestrian routes, baths in the lakes and cascades, mountain sports and the joyous fellowship of a picnic, always in contact with nature.

OUT



TO DO



ACTIVITIES

PICNICS

Parque de Merendas
dos Quatro Caminhos
Quatro Caminhos Picnic Park

MATA DA ALBERGARIA

GERÊS SPA

Avenida Manoel Francisco da Costa
Vila do Gerês
Tel.: +351 253 391113

OUTDOOR ACTIVITIES

Scale, Slide and Rappelling
in Peneda-Gerês National Park
and Serra da Cabreira

PAINTBALL

CANOEING

ARCHERY

ORIENTEERING

BIRD AND NATURE WATCHING

PATHWAYS

HIKING

Castelo Trail, Currais Trail
Moinho Trail
Águia do Sarilhão Trail
Couto de Souto Trail

MOTO4 EXCURSIONS

TT BIKES

HORSE RIDING

CARRIAGE RIDES

4X4 VEHICLES EXCURSIONS

BOAT RIDES

WATER SPORTS

CANIÇADA LAGOON

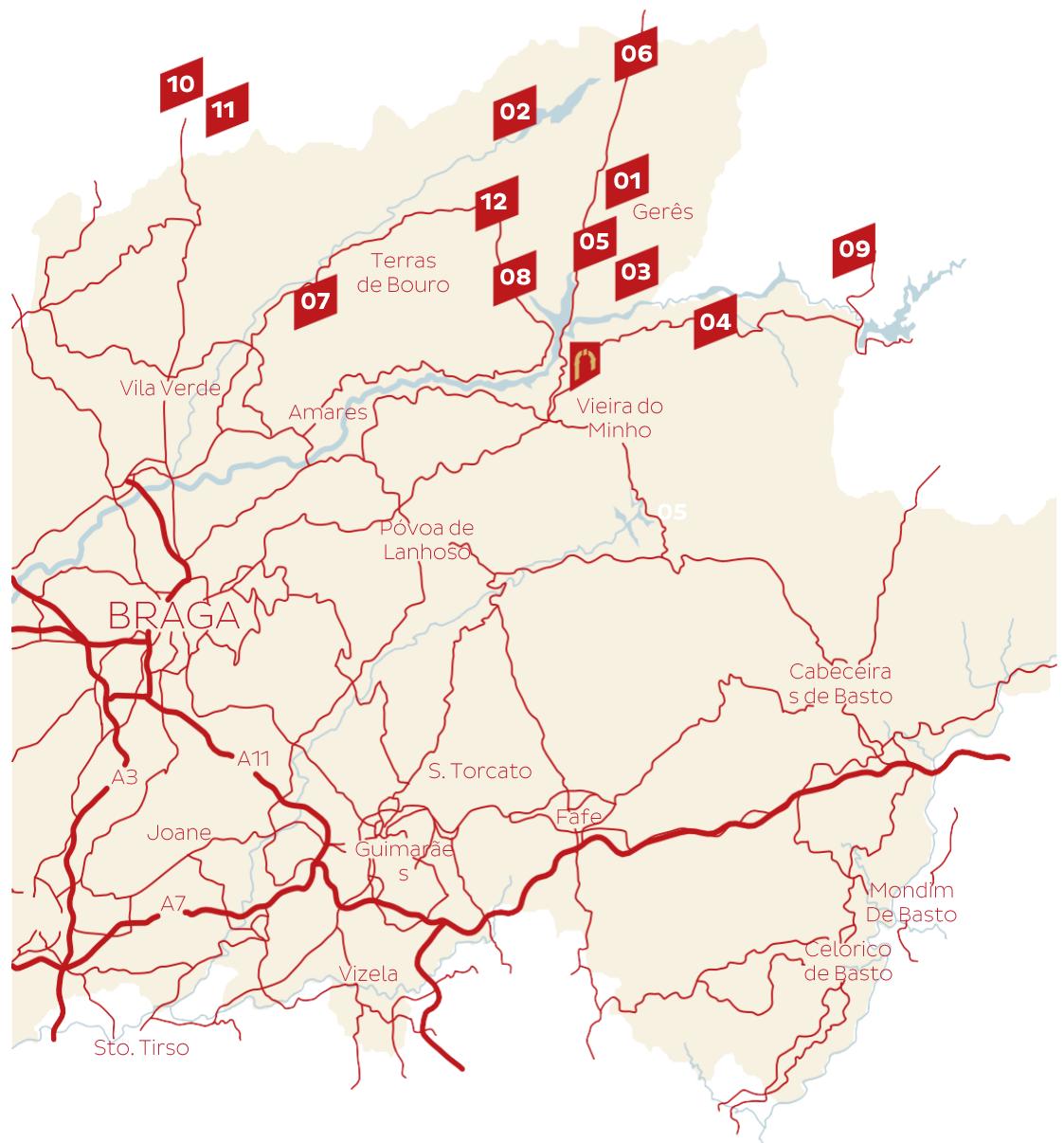
TELE-SKI (WATER-SKI) Barragem do Ermal

EVENTS

PAPAS DE SARRABULHO FESTIVAL EM AMARES

February

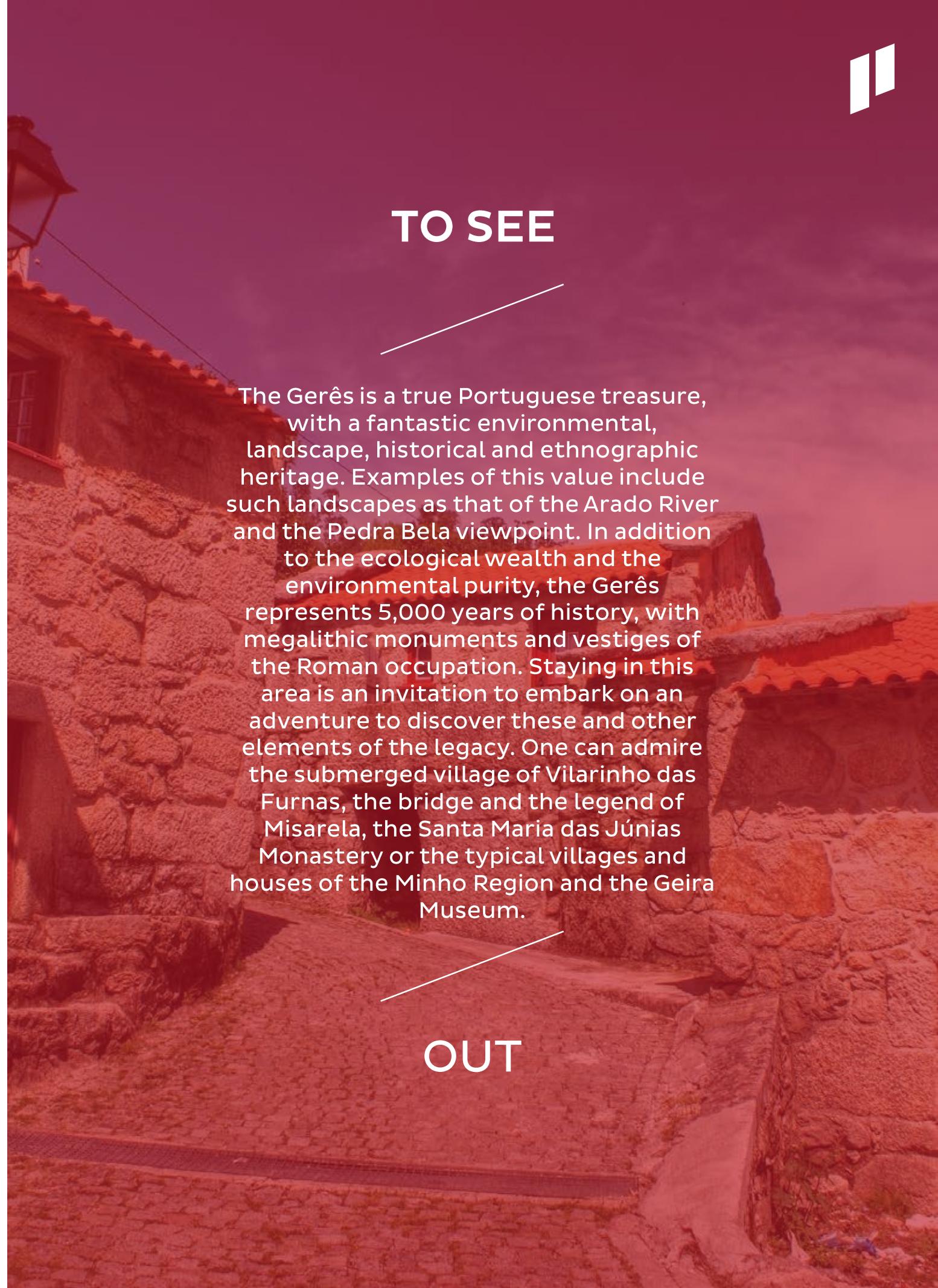
OUT



- 01 GERÊS VILLAGE
- 02 VILARINHO DAS FURNAS DAM (SUBMERGED VILLAGE)
- 03 ARADO'S BRIDGE AND CASCADE
- 04 MISARELA'S BRIDGE (DEVIL'S BRIDGE)

- 05 PEDRA BELA VIEWPOINT
- 06 PORTELA DO HOMEM
- 07 TYPICAL HOUSES OF THE MINHO REGION
- 08 S. BENTO DA PORTA ABERTA SANCTUARY

- 09 SANTA MARIA DAS JÚNIAS MONASTERY
- 10 LINDOSO CASTLE
- 11 CASTRO LABOREIRO CASTLE
- 12 VILARINHO DAS FURNAS ETHNOGRAPHIC MUSEUM



The Gerês is a true Portuguese treasure, with a fantastic environmental, landscape, historical and ethnographic heritage. Examples of this value include such landscapes as that of the Arado River and the Pedra Bela viewpoint. In addition to the ecological wealth and the environmental purity, the Gerês represents 5,000 years of history, with megalithic monuments and vestiges of the Roman occupation. Staying in this area is an invitation to embark on an adventure to discover these and other elements of the legacy. One can admire the submerged village of Vilarinho das Furnas, the bridge and the legend of Misarela, the Santa Maria das Júnias Monastery or the typical villages and houses of the Minho Region and the Geira Museum.

OUT



TO SEE

GERÊS VILLAGE

VILARINHO DAS FURNAS DAM
(SUBMERGED VILLAGE)
Parque Nacional da Peneda-Gerês

ARADO'S BRIDGE AND CASCADE
Parque Nacional da Peneda-Gerês

MISARELA'S BRIDGE
(DEVIL'S BRIDGE)
Parque Nacional da Peneda-Gerês

PEDRA BELA VIEWPOINT
Parque Nacional da Peneda-Gerês

PORTELA DO HOMEM
Parque Nacional da Peneda-Gerês

TYPICAL HOUSES OF THE
MINHO REGION
Paranhos - Amares

S. BENTO DA PORTA
ABERTA SANCTUARY
Rio Caldo

SANTA MARIA DAS JÚNIAS MONASTERY
Pitões das Júnias

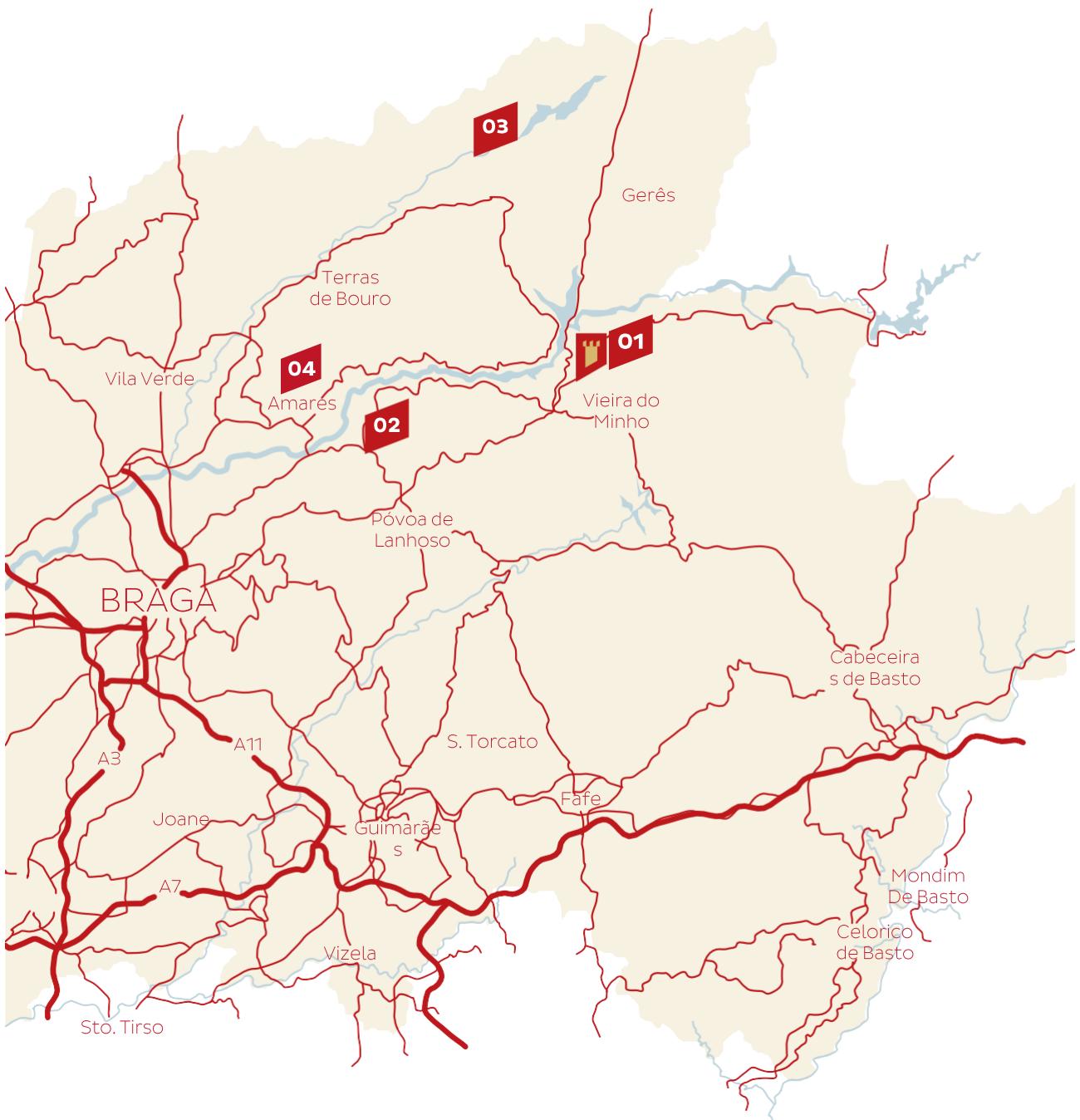
LINDOSO CASTLE
Lindoso, Ponte da Barca
Tel.: +351 258 480 189

CASTRO LABOREIRO CASTLE
Castro Laboreiro

VILARINHO DAS FURNAS
ETHNOGRAPHIC MUSEUM
Campo do Gerês
Tel.: +351 253 351 888

GEIRA MUSEUM

OUT

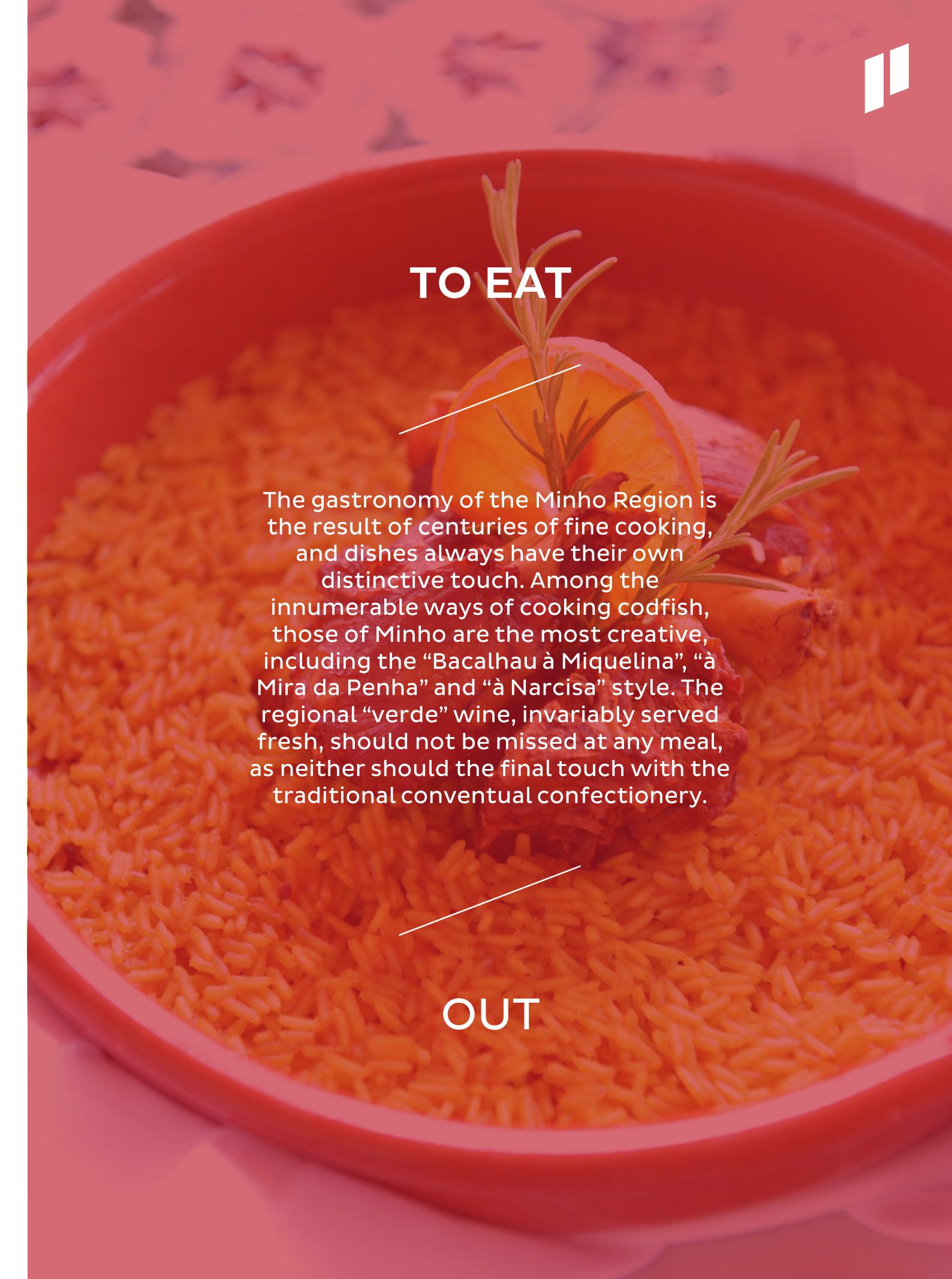


01 RESTAURANTE DA POUSADA

02 O VITOR

03 O ABOCANHADO

04 RESTAURANTE DA POUSADA
MOSTEIRO DE AMARES



The gastronomy of the Minho Region is the result of centuries of fine cooking, and dishes always have their own distinctive touch. Among the innumerable ways of cooking codfish, those of Minho are the most creative, including the "Bacalhau à Miquelina", "à Mira da Penha" and "à Narcisa" style. The regional "verde" wine, invariably served fresh, should not be missed at any meal, as neither should the final touch with the traditional confectionery.



TO EAT

RESTAURANTE DA POUSADA

4850-047 Caniçada
Tel.: +351 210 407 650

O VITOR

São João de Rei
Póvoa de Lanhoso
Tel.: +351 253 909 100

O ABOCANHADO

Lugar de Brufe – Brufe
Tel.: +351 253 352 944

RESTAURANTE DA POUSADA MOSTEIRO DE AMARES

Santa Maria do Bouro
4720-633 Amares
Tel.: +351 253 371 970

TYPICAL DISHES

Roasted Lamb with Potatoes, Roasted Kid Rice, Duck Rice Braga style,
Roasted Barrosã Beef, Minced Meat Porridge, Rojões à minhota (Pork
strips Minho Region style).

DESSERTS

Custard Cream, Orange Pudding, Formigos Cake, French Toast, "Péras
Bêbedas" (cooked in wine), King's Cake, Bread Cake, Natural Oranges.

BEVERAGES

Regional "Verde" Wine.

OUT

PESTANA

POUSADAS de PORTUGAL
MONUMENT & HISTORIC HOTELS



- Pousada Amares - Mosteiro de Amares
- Pousada Crato - Mosteiro do Crato
- Pousada Faro - Palácio de Estoi
- Pousada Guimarães - Mosteiro de Guimarães
- Pousada Lisboa - Praça do Comércio



- Pousada Alcácer do Sal - Castelo de Alcácer
- Pousada Alvito - Castelo de Alvito
- Pousada Angra do Heroísmo
- Pousada Arraiolos - Convento de Arraiolos
- Pousada Beja - Convento de Beja
- Pousada Belmonte - Convento de Belmonte
- Pousada Évora - Convento de Évora
- Pousada Estremoz - Castelo de Estremoz
- Pousada Horta - Castelo da Horta
- Pousada Óbidos - Castelo de Óbidos
- Pousada Palmela - Castelo de Palmela
- Pousada Queluz - Palácio de Queluz
- Pousada Serra da Estrela
- Pousada Tavira - Convento de Tavira
- Pousada Viana do Castelo
- Pousada Vila Viçosa - Convento de Vila Viçosa
- Pousada Viseu
- Pousada Porto
- Pestana Churchill Bay - Madeira



- Pousada Gerês - Caniçada
 - Pousada Marvão
 - Pousada Vila Óbidos
 - Pousada Sagres
 - Pousada Valença
 - Pousada Ourém
 - Pousada Ria
 - Pousada Alijó
 - Pousada Bragança
 - Pousada Vila Real de Santo António
- Opening in 2021

Information & Bookings:
+351 218 442 001
www.pousadas.pt

