



PESTANA
AMSTERDAM RIVERSIDE
HOTEL & NATIONAL MONUMENT
COLLECTION HOTELS



SPA MENU

SWEDISH RELAXATION MASSAGE

60 minutes | €125

90 minutes | €180

A traditional full body massage with long rhythmic strokes to relieve muscle tension and fatigue, with a relaxing and de-stressing focus.

DEEP TISSUE MASSAGE

60 minutes | €125

90 minutes | €180

Targets deep muscle layers to alleviate pain, generally aiding natural muscle recovery while reducing knots and tension.

THE RENEWAL FACIAL

60 minutes | €145

90 minutes | €220

Nourishing facial with cleanse, exfoliation, regenerative massage, and antioxidant mask, with a feet/hands/head massage.

THE RENEWAL BODY

60 minutes | €145

90 minutes | €200

An invigorating body scrub and exfoliation to soften and prepare the skin for the application of nourishing Shea butter.

*The 60 minute version includes a stress relieving foot massage.
The 90 minute version includes a full body massage.*

Please contact the Front Desk to book a treatment.