



BY APPOINTMENT
TO THE PORTUGUESE
ROYAL HOUSE

IN & OUT



PESTANA
POUSADA CASTELO
PALMELA
HISTORIC HOTEL
PORTUGAL



The stunning landscape for the village, mountains and sea is the great treasure of the region.



IN

Come find a moment of living history situated between the imposing Sado estuary and the magical and majestic Serra da Arrábida. Sleep in a place whose initial occupation dates back to 300 years before Christ and feel like a real knight in the ancient castle fortified by the Moors between the 8th and 9th centuries. With all the comforts of the 21st century, know this most serene witness of the history of Portugal.


Even without the engaging story, your stay at the Palmela Inn is always a unique experience: located 230 meters above sea level, the view to the natural park of Arrábida and the Sado river, it is particularly noticeable in days with a clean sky and inviting sun.

The view is the first thing you will notice in your room. Because it is truly impressive, the considerable size of the windows and the ascetic and tasteful decoration that reminds you that you are in a former convent where the essential is visible to the eye.

The Pousada has an intimate atmosphere and exclusive serenity. Enjoy the sensation of having a castle at your exclusive disposal.

IN





The galleries of the Old Convent are the preferred area for relaxing at the Pousada de Palmela.

IN



FACILITIES

Historical Surroundings

Scenery In The

Surroundings Air

Conditioning

Lift

Restaurant

Bar

Minibar

Meeting Room

WiFi Access

Parking

Laundry Service

Safe

Cable TV

Voltage 220 Volts

Dog friendly até 15Kg

21 Rooms

7 Suites

Beach 11 km

River Beach 40 km

Castelo de Palmela
2950-317 Palmela
Tel.: +351 212 351 226 Fax: +351 212 330 440 e-
mail: guest@pestana.com
www.pousadas.pt

GPS

N: 38 33.945

W: 8 54.117



RESTAURANT OF THE POUSADA

MEDIEVAL NOT EVEN IN THE MENU.

The inn of Castelo de Palmela gives you the unique experience of having breakfast in the old refectory of the former convent, where the original pulpit still exists.

Savor the delicious specialties that will always take you to what is typically Portuguese and find a proximity cuisine, with pot food, absolutely regional but presented in a sophisticated and inspiring way. An unmissable experience, unique in the entire region.

IN



RESTAURANT OF THE POUSADA

SPECIALITIES

Roasted grouper in olive oil and rosemary
over seafood “Cataplana”

Stewed rabbit with beans and Moscatel
from Setúbal

Traditional Chicken stew

Partridge and mushrooms pie with
green salad, pomegranate, walnuts, and
rosemary honey sauce

Figs Pudding with Moscatel from Setúbal

Restaurant capacity: 100

The dishes are subject to change without prior notice.

The Castle was the scene for the battle fought by King Afonso Henriques against the Moors, in the 12th century.

OUT

Inhabited since pre-historical ages, Pamela is a town characterized by the legacy of different cultures. Between the 8th and the 12th century, the territory was occupied by Moors, until it was conquered by King Afonso Henriques.

Palmela is inseparable from the castle: it hosted the monks of the Santiago de Espada convent and was chosen by the Military Order as its venue.

Although Palmela is part of Lisbon's Metropolitan Area, it not only includes the Costa Azul (Blue Coast) — an area of very beautiful and heterogeneous beaches — such as the Natural Reserve of Estuário do Sado, but also the admirable Serra da Arrábida Natural Park.



- 01 ARRÁBIDA ADVENTURE
- 02 INTERNATIONAL GO-KART TRACK OF PALMELA

- 03 SÃO JOÃO MOVIE THEATER
- 04 PINHAL NOVO MUNICIPAL AUDITORIUM

- 05 CENTER OF THE ALIVE MILLS
- PATHWAYS
- 06 TOURS THROUGH THE HISTORIC CENTER

TO DO

There will be no shortage of activities with the Serra da Arrábida mountains being so close: orientation trails, paintball, BTT excursions or hiking bring about pleasant stays in contact with nature and with magnificent landscapes. Another option for an afternoon of maximum entertainment with friends and family is the International Karting Palmela, with several circuits and different trials for all ages. With a more cultural character, there are also many festival organized by the town hall, like the “Abril, Jazz Mil” Festival or the International Street Arts Festival, events taking place once a year and which should not be missed by the visitor.

OUT



TO DO

ACTIVITIES

ARRÁBIDA ADVENTURE
Activities in Serra do Louro and Arrábida:
Orientation, Paintball, Obstacle Courses,
Mountain Biking, Archery, Outdoor
Education and Teambuilding.
Estrada Principal de Algeruz – Palmela
Tel.: +351 265 539 400

**INTERNATIONAL GO-KART TRACK OF
PALMELA**
Herdade de Algeruz – Palmela
Tel.: +351 265 538 500
www.kip.pt

SÃO JOÃO MOVIE THEATER
Rua Gago Coutinho e Sacadura Cabral
Palmela
Tel.: + 351 212 331 852

PINHAL NOVO MUNICIPAL AUDITORIUM
Praça da Independência – Pinhal Novo
Tel.: +351 212 385 640

CENTER OF THE ALIVE MILLS
Serra do Louro – Palmela
Tel.: +351 212 333 019 www.moinhosvivos.com

PATHWAYS

**TOURS THROUGH THE HISTORIC
CENTER**

HIKING

EVENTS

GRAPE HARVEST PARTY
September

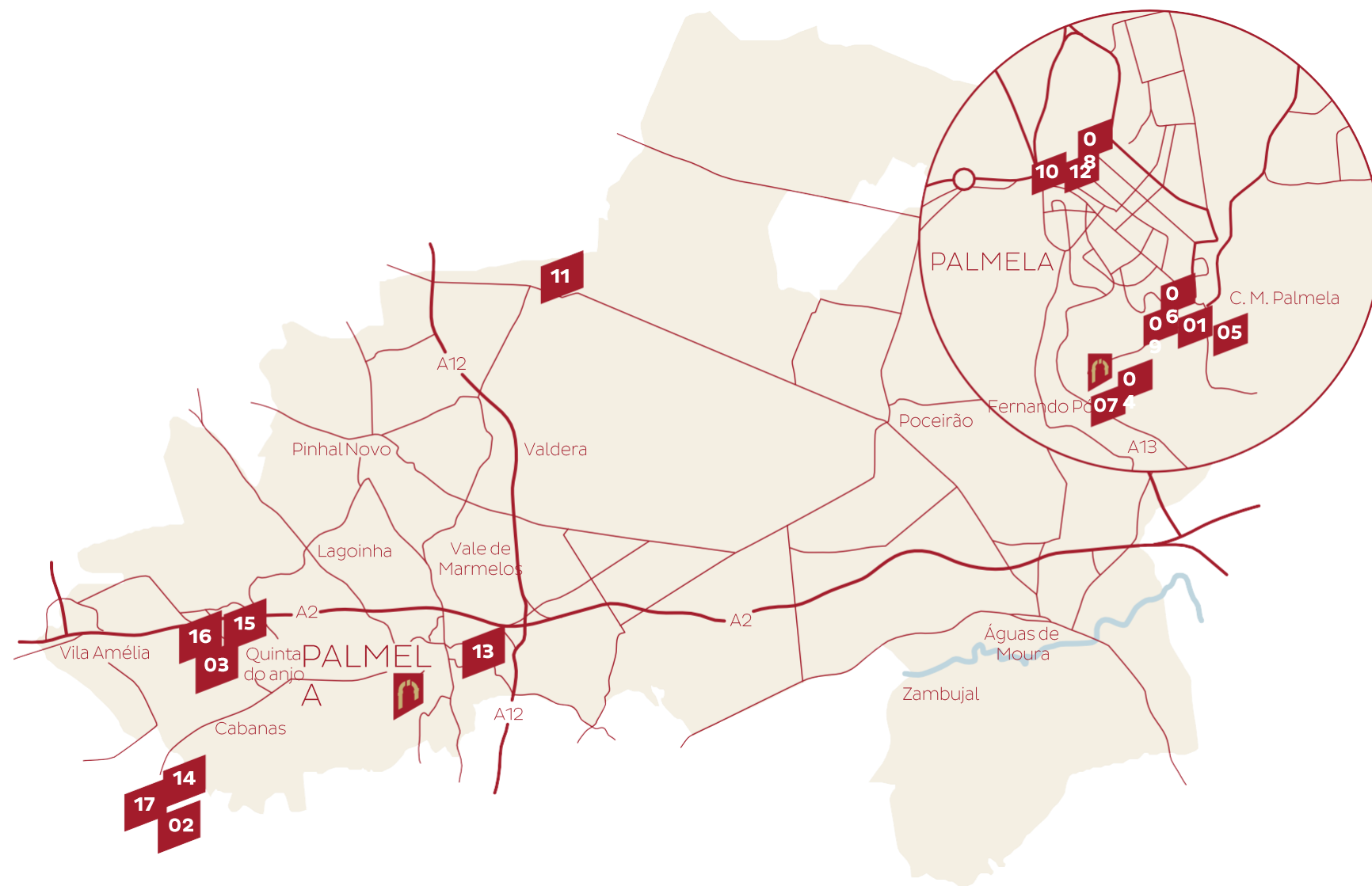
**EXPERIENCES WITH FLAVOUR,
GASTRONOMIC WEEKENDS**
March – April (Sheep Cheese)
August – September (Palmela Fruit)
October (Muscatel)

FERNÃO PÓ WINE SHOW
May

**INTERNATIONAL FESTIVAL OF STREET
ARTS OF PALMELA-FIAR**
July

**QUINTA DO ANJO CHEESE, BREAD AND
WINE FESTIVAL**
March – April

OUT



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|----|------------------------------------|----|--|----|---------------------------------|
| 01 | MUNICIPAL MUSEUM | 07 | CHURCH OF SANTA MARIA DO CASTELO | 13 | PALMELA COOPERATIVE CELLAR |
| 02 | JOSÉ MARIA DA FONSECA MUSEUM-HOUSE | 08 | S.JOÃO BAPTISTA CHAPEL | 14 | QUINTA DA BACALHÔA |
| 03 | CASTRO DE CHIBANES | 09 | PILLORY | 15 | ARTIFICIAL CAVES |
| 04 | SANTIAGO CHURCH | 10 | FOUNTAIN OF D.MARIA I | 16 | FORTUNA ARTES E OFÍCIOS COMPLEX |
| 05 | SÃO PEDRO CHURCH | 11 | RIO FRIO ESTATE AND PALACE | 17 | CENTER OF AZULEJARIA OF AZEITÃO |
| 06 | MAIN CHURCH | 12 | MOTHER HOUSE OF THE PALMELA WINE ROUTE | | |

TO SEE

Palmela developed towards the north around the hill on which the Castle is located. But in addition to a picturesque town with typical streets and great serenity, it is a city strongly marked by history with a unique surrounding landscape. Walking through its historic centre, churches serve as its main attraction. In the surroundings, visitors can discover the artificial caverns of “Quinta do Anjo” and the Rio Frio Estate and Palace. In the context of an enological route, it is worth visiting: Casa Agrícola Horácio Simões, “Venâncio da Costa Lima” — home that received, in 2012, the outstanding award for “Best Muscatel in the World”, “Quinta da Bacalhoa”, José Maria da Fonseca and the Palmela Cooperative Cellar.

OUT



TO SEE

MUNICIPAL MUSEUM
Largo do Município – Palmela
Tel.: + 351 212 336 640

**JOSÉ MARIA DA FONSECA
MUSEUM-HOUSE**
Rua José Augusto Coelho, 11-13
Azeitão
Tel.: +351 212 198 940
www.jmf.pt

CASTRO DE CHIBANES
Quinta do Anjo – Palmela

SANTIAGO CHURCH
Castelo de Palmela

SÃO PEDRO CHURCH
Largo do Município – Palmela

MAIN CHURCH
Praça Duque de Palmela – Palmela

CHURCH OF SANTA MARIA DO CASTELO
Castelo de Palmela

S.JOÃO BAPTISTA CHAPEL
Largo de São João – Palmela

PILLORY
Praça Duque de Palmela – Palmela

FOUNTAIN OF D.MARIA I
Largo do Chafariz Dona Maria I – Palmela

RIO FRIO ESTATE AND PALACE
Pinhal Novo
Tel.: + 351 212319701

**MOTHER HOUSE OF THE PALMELA
WINE ROUTE**
Largo de S. João – Palmela
Tel.: +351 212 334 398

PALMELA COOPERATIVE CELLAR
Rua da Adega Cooperativa – Palmela
Tel.: + 351 212 337 020

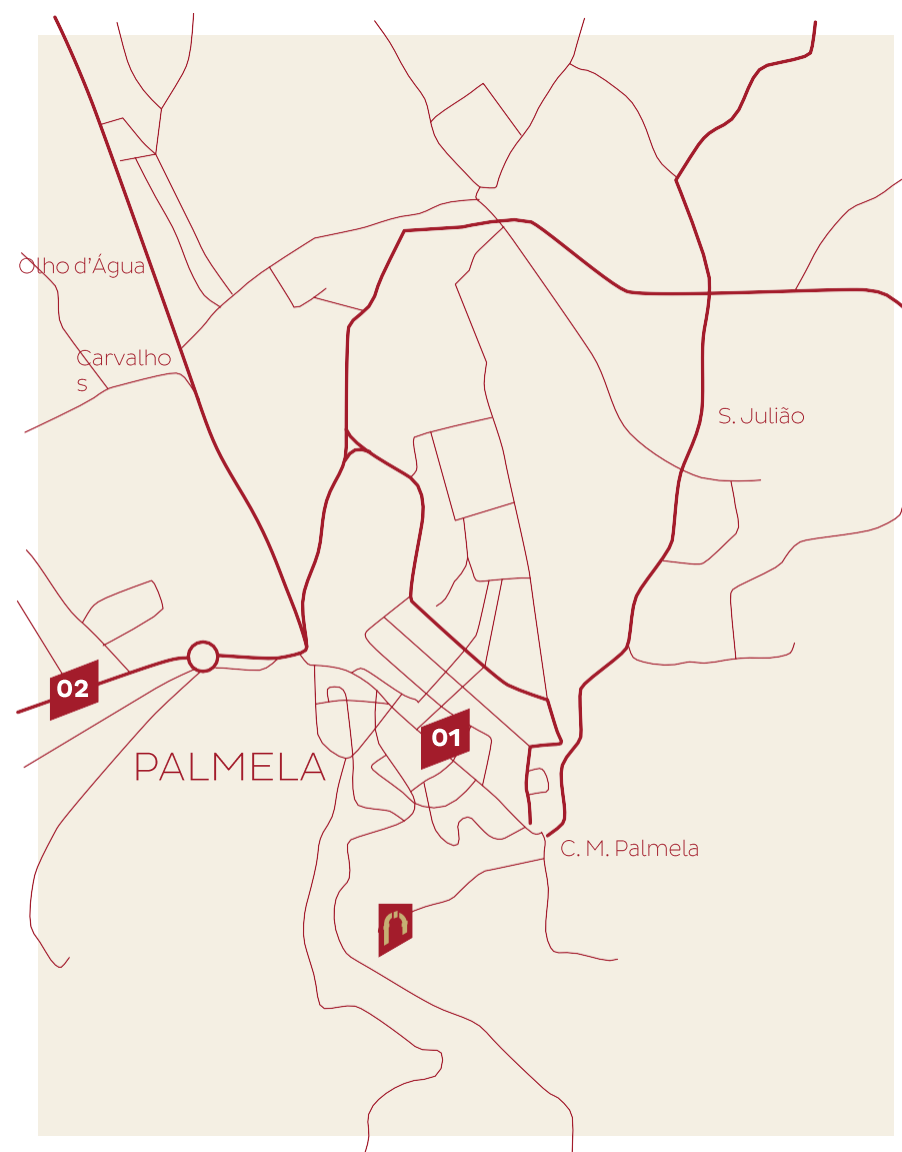
QUINTA DA BACALHÔA
Bacalhôa – Azeitão
Tel.:+351 212 198 060
www.bacalhoa.com

ARTIFICIAL CAVES
Quinta do Anjo – Palmela
Tel.: + 351 212 880 232

FORTUNA ARTES E OFICIOS COMPLEX
Estrada Nacional, 379 – Quinta do Anjo
Tel.: +351 212 871 068
www.espacofortuna.com

CENTER OF AZULEJARIA OF AZEITÃO
Bacalhoa – Azeitão
Tel.: +351 212 180 013
www.azulejosdeazeitao.com

OUT



TO EAT

Palmela represents a mixture of gastronomic influences, with Alentejo, Ribatejo and port influences due to its proximity to the port of Setúbal. As main dishes, we have the Hare with Beans Palmela Style, the Cozido capado pot and the Beans Caramela style. Among the desserts, we have the Fogaça de Palmela or the Santiago cakes or the pear cooked in Muscatel wine. Speaking of which, we cannot talk about Palmela without mentioning its fabulous wines: as a region of wine production, it was declared European Wine City in 2012. Start out discovering these flavours and end the day at a restaurant of the Costa Azul to enjoy the sunset.

OUT



SABOREIE

TERCEIRA GERAÇÃO
Rua Serpa Pinto, 147 – Palmela
Tel.: +351 212 350 152

PÉROLA DA SERRA
Rua Doutor Bernardo Teixeira
Botelho, 46 – Palmela
Tel.: +351 212 350 240

TYPICAL DISHES
Caramela Soup,
Rabbit with Beans,
Palmela Chicken,
Azeitão Cheese.

DESSERTS
Fogaça of Palmela,
Pears Cooked in Muscatel Wine,
Muscat Pastry,
Azeitão Pie,
Sweet of Vinegar.

BEVERAGES
Muscatel Wine,
Península de Setúbal Wines.

OUT



Pousada Amares – Mosteiro de Amares
Pousada Crato – Mosteiro do Crato
Pousada Faro – Palácio de Estoi
Pousada Guimarães – Mosteiro de Guimarães
Pousada Lisboa – Praça do Comércio



Pousada Alcácer do Sal – Castelo de Alcácer
Pousada Alvito – Castelo de Alvito
Pousada Angra do Heroísmo
Pousada Arraiolos – Convento de Arraiolos
Pousada Beja – Convento de Beja
Pousada Belmonte – Convento de Belmonte
Pousada Évora – Convento de Évora
Pousada Estremoz – Castelo de Estremoz
Pousada Horta – Castelo da Horta
Pousada Óbidos – Castelo de Óbidos
Pousada Palmela – Castelo de Palmela
Pousada Queluz – Palácio de Queluz
Pousada Serra da Estrela
Pousada Tavira – Convento de Tavira
Pousada Viana do Castelo
Pousada Vila Viçosa – Convento de Vila Viçosa
Pousada Viseu



Pousada Gerês – Caniçada
Pousada Marvão
Pousada Vila Óbidos
Pousada Sagres
Pousada Valença
Pousada Ourém
Pousada Ria
Pousada Alijó
Pousada Condeixa – Coimbra
Pousada Bragança

